Degree goals (examples)

- Increase my marketability to large construction companies
- Get a jump start toward an executive level position in a large firm
- Learn about important problems the industry is facing so I can start my own consulting business
- Develop my IT skills using cutting edge tools to help my company upgrade its current practices
- Explore a problem important to me using academic research to see whether I want to pursue a Ph.D.
- Get some teaching experience to see whether I might want an academic career
- Learn techniques for managing projects to face new challenges posed by the changing economy

New skills and capabilities developed

Semester	Skill/Capability	Description/Reason	Evidence
F16	Presenting as part	In BC 4444, presented to the industry board as part of a group. Helped	BC4444PresVideo.mp4
	of a group	design and develop the slides, and presented the section on cost	
		estimating.	
Su16	Conducting waste audits	During internship, was responsible for regular waste audits on job site	MeInDumpster.jpeg
S16	Research proposal writing	Required for CNST 5084 and to prepare for my thesis	<u>Proposal.pdf</u>
F15	Revit	Required for BC 5984	<u>Examplemodel.rvt</u>

Individual products and deliverables

Semester	Title/Citation	Reason/Type	Role(s) played	Evidence
F16	Dent, S. (2016). Quantifying drywall waste in	Final thesis defended	Principal	DentThesis.pdf
	commercial retrofit projects. M.S. Thesis,	on October 12 and	investigator	
	Department of Building Construction, Virginia Tech,	submitted to ETD.		
	Blacksburg, VA.			

S15	Dent, S. and Mills, T. (2015). "Waste management	Presentation and	Lead author	DentAbstract.pdf
	for sustainable recovery of usable resource flows: A	extended abstract	and presenter	DentPresentation.pdf
	retrofit case study." Proceedings, Engineering			
	Sustainability Conference, Pittsburgh, PA, April 7-8.			
F15	Dent, S. (2015). Individual Leadership Plan. CNST	Final report for	Author and	LeadershipPlan.pdf
	5214: Leadership in the AEC Industry, Myers-	Leadership class.	developer	
	Lawson School of Construction, Virginia Tech,			
	Blacksburg, VA.			

Contributions to team products and deliverables

Semester	Title/Citation	Reason/Type	Role(s) played	Evidence
F16	Dent, S., Smith, A., and Harper, Q. (2016).	Presentation	Led the economic	https://docs.google.com/
	"Sustainable Riverfront Development: West	of team	analysis portion of	presentation/d
	End Destinations". Presentation to Radford	project for	the project and	
	City Planning and Parks & Recreation	BC 5144.	presented the	
	Commissions, Radford, VA, November 21.		team's funding plan.	
F16	Pearce, A.R. and Students of BC 5144. (2016).	Final report	Contributed as a	https://docs.google.com/
	Sustainable Riverfront Development Plan for	for term	member of one of	document/q
	Radford, VA. BC 5144: Sustainable	project, BC	four teams	
	Infrastructure Systems, Virginia Tech,	5144.	developing the	
	Blacksburg, VA.		report.	

Relevant activities or duties without specific deliverables

Semester	Activity	Reason/Type	Role(s) played	Evidence
Su16	Intern at Taylor	Summer internship as site	Assisted project manager in	PricesForkLEEDCredits.pdf
	Hollow Construction	superintendent assistant for	reviewing subcontractor	
		Prices Fork Elementary	submittals; coordinated LEED	
		conversion	documentation for IEQ and MR	
			credits.	

F15-S17	Constructor's	Student organization	Member; served as secretary	Photo.jpg
	Consortium		for AY 16-17	
S16	Teaching Assistant,	Half-time TA (10 hours per	Grading submittals; holding	BeliveauEvaluation.pdf
	Department of	week) for BC 1224 (Prof. Yvan	office hours; developing	
	Building Construction	Beliveau, 80 students)	assignments; providing guest	
			lectures	
F15	Teaching Assistant,	Half-time TA (10 hours per	Attending class; taking	ThabetEvaluation.pdf
	Department of	week) for BC 4434 (Prof.	attendance; reviewing student	
	Building Construction	Walid Thabet, 60 students)	work products and providing	
			feedback; maintaining course	
			Canvas site	

Reflections on personal growth

My personal goals for last semester included getting better at confronting under-performing team members when problems start to become apparent, rather than waiting until the end of the semester or compensating for bad work with my own efforts. This semester, I had the chance to practice these skills with my teammates in BC 4444. While the final report produced by the team was not as good as I would have wished and we were not selected to present our work to the Industry Board, I found that I could live with the results and had a better relationship with my teammates as well as a better work-life balance.

Objectives for the next reporting period

This is my final semester in the M.S. program. I have obtained a full-time job as a Project Manager with Taylor Hollow Construction operating out of Radford, VA, based on my internship last summer. My career goals are to work as a project manager with THC for the next few years while gradually increasing my responsibilities until I enter a leadership role within the company. I'm especially excited to help the company implement BIM as part of their project management process.

Comments (optional)

My original goal following graduation was to pursue an international position in a large city. However, I recently got married and have decided instead to live with my family in the local area. My job with THC last summer introduced me to historic renovation and the ways in which projects can be creatively financed using historic tax credits and affordable housing subsidies, and I would like to gain expertise with my company to become an expert in this area.